## SUPPORT

## Virtual Women's Empowerment Group

A support group for women cancer survivors age 30 and older who are in treatment or in remission.

## Group is held on the third (3rd) Tuesday of every month: 11:30 a.m. — 12:45 p.m.

**Facilitator:** Laura Karfeld, LCSW, OSW-C Northside Hospital Cancer Institute Psych-Oncology Program



## **Topics Include:**

- · Self-care/health and wellness
- Intimacy/sexuality
- Grief and loss
- Relationships
- New factors in your life since your diagnosis

**RSVP\*** Call **770-205-5292, Option 5** or email **laura.karfeld@northside.com** 

RSVP 3 days prior to each scheduled group date.

**Note:** All groups are facilitated via a telehealth video platform. Once we register you to participate in the group, we will send you an email with the link to access the group. You will need to provide your email during your registration process. You will not need to download an app to join group.



Scan the QR code for more information about all of our Psycho-Oncology Programs support groups, and for our up-to-date group dates and times or visit **northside.com/cancer-support-groups** 

